

Southern Zonal Forum – Mesquite, TX

Minutes – January 26, 2013

1. Mike called the meeting to order at 9:20 am with moment of silence followed by the Serenity Prayer.
2. Registration Donation - \$20.00 – Tape sales - \$25.00
3. Sign in Sheet
4. Bank Statement will be emailed.
5. Introductions
6. Fellowship Concerns - RD's
 - a. Ron – LA Region – Convention late start this year
 - b. Cathy – Lone Star Region – Apathy in Service – CBDM struggles – Focus on Primary Purpose
 - c. Rob – Show Me – Service Office financial trouble – working towards service orientated region – rural areas struggling – changing culture to work toward service system change
 - d. Mike – Red River Region – Growing and expanding – groups struggling – moving forward with Insurance
 - e. Jackie – Blue Grass Appalachian Region – Successful convention – excess funds – they are consensus based – need for policies and procedures – social media positive effect – ad hoc between two regions forming one body for state services is split – looking for ways to promote unity
 - f. Mike – Kentuckiana Region – State level body motion failed – people don't want change – financial audit taking place – whether to prosecute or not – support for regional convention
 - g. Dawn – Tejas Bluebonnet Region – State convention asked to join the service body – Areas trying on Service System for future

Area Concerns

- h. Mitchell – Heart of Texas – Apathy in Service – tried GSU
- i. Glynn – AR – financial struggles
- j. Larry – Ok – apathy
- k. Ron – ASR Northshore – Information Committee formation
- l. Kristen – Show Me – Hosting Circle of Sisters Convention issues – removing a leader from a position process – forming a new Area going well

Individual Concerns

- m. Benito – Dallas Area – complaints from members but they don't offer solution
- n. Bill – Dallas Area – demise of home group – too many meetings – balance
- o. Henry – Dallas Area – social media negative effect
- p. Nicholas – Dallas Area – terminology we use not uniform at levels of service

- q. David – Dallas Area – unity and lack of respect
- r. Lani – Dallas Area – politics in NA
- s. Casey – Broken Bow – atmosphere in recovery
- t. Pat – OK – Service System proposal – Traditions Workbook

BREAK – 10:20 RECONVENE – 10:55 Silence to reflect o why we are here.

7. Planning Basics Presentation – Cathy & Dave – Included as an attachment

- a. How do we plan?
 - i. Planning
 - ii. Planning Steps
 - iii. Scanning
 - iv. First Meeting
 - v. Inventory Current Services
 - vi. Inventory Challenges
 - vii. Second Meeting -Prioritize Issues and Establish Goals
 - viii. Third Meeting – Create Action Plans
 - ix. Document Procedures
 - x. Coordinate Services
 - xi. Fourth Meeting – Monitoring & Evaluation
 - xii. Put Plans into Action
 - xiii. Thank You

LUNCH BREAK – 11:45 RECONVENE – 1:20 Silence to reflect why we are here.

8. Questions/Comments re: Planning Basics Presentation

- i. Point of accountability – Monitor & Evaluate

9. Introduction of new members.

10. Mike & Jackie – presentation on - You are a member when you say you are – the responsibility that entails. (What is means to be a member)

- i. Split into groups to workshop and give input.
 - a) Not automatic
 - b) Desire is not measurable
 - c) Keep coming back clean
 - d) Take action or responsibility for your recovery
 - e) Commitment to the principals of NA
 - f) Carrying the message – not the mess
 - g) Helping others
 - h) Commitment to abstinence
 - i) Meeting attendance
 - j) 7th tradition
 - k) Service

- l) Stay Clean
- m) Reach Out to Everyone
- n) Contribute something
- o) Sharing financially
- p) Be a good example
- q) Identify with WE
- r) Commitment to Home Group
- s) Identify Clean Time
- t) Attend Group Conscience
- u) Work the Steps
- v) Vigilance
- w) Meeting Etiquette
- x) Walk the walk

Top ones are:

- a. Welcome
- b. Keep Coming Back (Clean) – Attend Meetings
- c. Read Literature
- d. Sponsorship
- e. Home Group
- f. Work the Steps

11. Several members shared examples of being a newcomer and what that means.

12. Several members shared examples on how to treat a newcomer.

BREAK – 2:45 RECONVENE – 3:00 Silence

13. Traditions Workbook Brainstorming by Kristin & Dawn

- a. Dawn explained background of this project – outline of Workbook being prepared in this cycle
- b. Pat helped with facilitating groups (4) – Session profile will be included as attachment. There is also a link online for input at na.org.
- c. What would we like to see as a group workbook – this feedback will go back to World
- d. Question was asked about everyone’s personal experience with this discussion group – group level & personal level examples – Call it a Study Guide instead or Workbook
- e. Question 1. – personal experience
 - i. Dealing with drug court
 - ii. Everyone has a voice
 - iii. NA meeting using Big Book
 - iv. Drug Replacement Therapy
- f. Question 2. – piece of literature
 - i. Education or reference
 - ii. Principal based with practical explanations
 - iii. Study Guide vs Workbook
 - iv. Companion Book

v. How steps relate

14. Adjourn for the day at 4:30 – Reconvene Sunday 9”15 am – Silence, Serenity Prayer
15. Accepted minutes from last Forum as presented.
16. Next Forum in Flowood, MS at New Hope Group – July 26 – 28, 2013 – Topic - Collaboration
121 Hospitality Dr. – 601-709-4900 Airport – Jackson Medgar Wily Evans
Flyer is forthcoming and will be posted on Website
17. Dickie explained Timeline that has been updated. It will b posted o Website
18. Talked about Forum being at Tejas Bluebonnet convention in 2014. First weekend in February is the date. The body likes this idea and Dawn will take it back to ask her Region.
19. Treasurer Report – Kristen

Mesquite, TX SZF Sunday Wrapup January 25-27,2013

DESCRIPTION	ITEM #	DATE	BALANCE
Leaving Arkansas Balance -07.31.2012		1,904.57\$	
July Income Net Deposit	08.02.12		1,061.00\$
Dickie D. T-Shirts	Ck#1746	08.02.12	(400.00)\$
Northwest Arkansas Seed Money 481.00\$	Ck#1742	08.17.12/08.02.12 09.17.12	120.00\$ (300.00)\$
Bank Balance 09.18.12		2,385.57\$	
Secretary/Randie (329.60)\$	Travel / Fall SZF	10.15.12	(329.60)\$
Bank Balance 10.18.12		2,055.97\$	
NAWS Literature	Ck#1748	10.27.12	(83.85)\$
Arkansas/ meeting room	Ck#1745	11.13.12	(250.00)\$
October-Louisville, KY Income			
Donations			
Northshore	Ck# 1002		112.55\$
MRSC	Ck# 1109		307.81\$
Volunteer	Ck# 1400		300.00\$
Red River	Ck# 1389		1,000.00\$
Northshore	Ck# 1007		90.44\$
SZF Registrations / Donation (20)		355.00\$	
CDs		175.00\$	
T-shirts		300.00\$	
Total Income		2,640.80\$	
Misc Expenses			
SZF Business Expenses			
Dickie D. (Comp)		(200.00)\$	
Secretary CD		(25.00)\$	
Cd's /Taper (7)		(175.00)\$	
SZF Meeting Room		(110.00)\$	
SZF Travel Expenses			
Mike Powell (Fac.) - Travel	Ck#1749		(162.04)\$
Randie Ellis (Sec)-Travel	Ck#1750	See addt'l air above	(50.00)\$
Kristin Durbin (Treas.) -Travel	Ck#1751		(220.80)\$
SZF Admin Room Night	Treas/Sec		(92.00)\$
Total Expenses		(1,034.84)\$	
Net Income		1,605.96\$	

Account Balance @ SZF end 10/28/12		3,328.08\$	
NAWS Donation		(1,236.93)\$	
SZF Balance		2,091.15\$	
Tejas Blue-Bonnet	11.19.12		250.00\$
Tejas Blue-Bonnet	12.10.12		200.00\$
Lone Star	01.14.13		250.00\$
First NBC Statement			
Bank Balance 01.18.13	2,791.15\$	2,791.15\$	

20. This weekend –Financial update – Income \$1,692.09 – Expenses \$1,563.9 128.10 total revenue
NAWS Donation \$919.25 balance leaving today \$2,000.00
21. Webmaster report read by Randie
22. Willingness for Facilitator – Henry & Dawn – Questions were asked. Resume included in Minutes as attachment.
23. Topics for next Forum – Collaboration (Pat & Dickie) – PR Concept /Fellowship Development in Rural Areas (Kristin & Brett)– Changing the culture in NA (Rob & Cathy) Results for Developing Multi Zonal Meeting
24. Pat shared about Multi Zonal Forum – 2015
25. Dickie will tape at next Forum
26. Adjourn at 10:10